

### A Meal My Family Will Eat

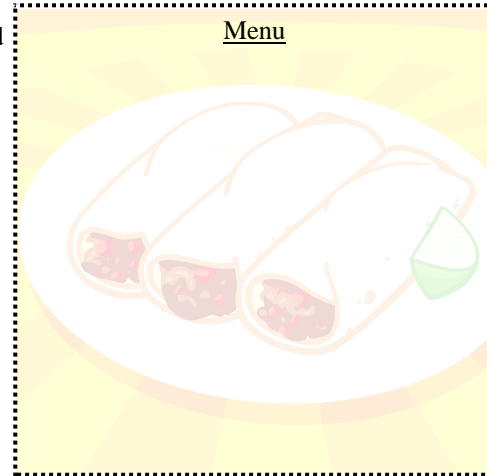
**Think**—Foods we might have on hand:



**Plan**—What we can make that my family will like and is low cost and healthy:

**Shop**—What we need to buy:

**Prepare**—Recipe is from:



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